



An unforgettable kayaking adventure...

through the emerald isles of Seychelles

The islands of Seychelles are often said to be the ultimate destination for complete rejuvenation. But relaxing on the beach is just one of many ways to revitalise yourself in this unique, tropical destination.

Challenging your mind and body to push its limits, while surrounded by the surreal natural beauty of the islands, can be an incredibly refreshing and spiritually rewarding experience, and there may be no better way to achieve this than by kayaking between isles.

Silhouette Cruises, one of the most trusted names in live-aboard cruising and sailing in Seychelles, has teamed up with Terra Santa, an experienced sea kayaking club which organises kayak expeditions to Alaska, Greece, Japan and other corners of the globe, to offer a most unique expedition in the Seychelles.

Aboard the modern sailing yachts of Silhouette Cruises, these 7-night kayaking expeditions allow experienced paddlers and novices alike the opportunity to kayak as they please amidst piercing blue waters, lush green coastlines, and the giant granite boulder formations that are so unique to Seychelles. The smallness and close proximity of these islands allow for very flexible itineraries, meaning guests can find their own perfect balance between the thrill and adventure of kayaking, and the leisurely pace of a peaceful island getaway.



Accommodation Afloat

When not paddling between and around islands, the expedition vessel accommodates guests in supreme comfort across its 9 air conditioned cabins and other facilities, including a salon and bar, dining salon and beautiful teak sun decks. A service-oriented crew, which aside from the captain and engineer includes 2 deckhands, a dive instructor, 3 stewardesses, and a dedicated chef, all ensure a pampered and luxury-style experience onboard - a perfect complement to the adventurous challenge of kayaking past deserted islands during the day. It's also fantastic for accompanying partners not wishing to kayak, all of whom enjoy lower cruise rates.



Kayaking with Terra Santa

Kayaking is historically one of the earliest forms of paddling, with archaeological evidence suggesting highly developed craft were paddled by skilled hunter-fishermen as far back as 500 BC.

Sea kayaking is environmentally friendly and appeals to all those who enjoy open spaces, salt air and the feeling of being at one with nature. The ocean, however, has a temperament and character which needs to be understood - weather, tides and charts should be considered and journeys planned.

The Terra Santa sea kayak fleet in the Seychelles consists only of the best, high-performance composite boats from Sea Kayaking UK and Nigel Dennis designs. Models include the Explorer, Romany S, Explorer HV, Greenlander Pro, and a Triton II double sea kayak. These British-made sea kayaks enable easy paddling for manoeuvring between rock gardens, enjoying the surf and island hopping.

These kayaks are specialised and require a degree of familiarity. Therefore there are two types of expeditions - one for beginners and one for more experienced paddlers. All expeditions include the use of the kayaks as well as an experienced guide/instructor.

Kayak expedition dates for 2010/2011

- 4-11 December 2010
- 19-26 February 2011
- 10-17 December 2011

*Above dates are for FIT bookings (individual cabin basis). For whole boat charters and larger groups of travellers, we may be able to accommodate additional dates of your choosing - please contact:

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Cruise Itinerary - 'Seychelles Kayak Expedition' - 7 nights *Aboard S.Y. Sea Star and S.Y. Sea Bird*

Day1

Embarkation at the Inter-Island Quay at 10.30hrs, followed by the Captain's welcome briefing. Depart Port Victoria and sail towards Praslin for an anchorage at Round Island. Spend the afternoon familiarising yourself with the kayaks and equipment, before enjoying a welcome barbecue dinner onboard.



S.Y. Sea Bird
with kayaks
on deck



Kayaking in crystal clear
waters around Praslin

Day2

After breakfast, your kayak adventure begins with an early test of endurance. Paddle around the island of Praslin, Seychelles' second-largest inhabited island, by circling the island's eastern, southern and western coasts, taking in the island's beautiful pink granite formations along the way. Rendezvous with the vessel at Anse Possession, Praslin in the late afternoon for a relaxing evening in this beautiful cove, named for the stone of possession placed in this area by French explorers to stake their claim to the island more than 200 years ago.

Day3

In the morning, sail towards La Digue, home to some of the most beautiful (and most photographed) granite rock formations and beaches in the world. Paddle around this island's amazing coastlines, with an option to continue further to the beautiful granite islet of Coco Island, one of the best snorkelling sites in the archipelago, for a late afternoon opportunity to swim with an array of colourful tropical fish. Note - guests may instead join the vessel near La Digue before sailing on to Coco).



Giant boulder
formations on La Digue



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S.Y. Sea Bird off Grande Soeur



Day 4

A day to recover, or to challenge yourself further! Guests may disembark in the morning to paddle from Coco toward the uninhabited islands of Grande Soeur and Petit Soeur (the Sisters), with an option to continue kayaking by circling the islands, or spend the rest of the day at leisure. Otherwise guests may also stay onboard in the morning for a relaxing sail to the Sisters in advance of the kayakers, and take advantage of the islands' fantastic, swimming, snorkelling and diving opportunities, or embark on an afternoon paddle around Petit Soeur.

Day 5

Push your limits by kayaking from Grande Soeur to the island of Curieuse, where stronger kayakers may continue on to Aride Island. Alternatively, guests may board the vessel near Curieuse to sail to Aride, which is a protected nature reserve home to more native bird species than any other island in the archipelago. Explore this naturalists' paradise during an afternoon visit to the island.



Kayaking along unique granite coastlines



Snorkelling via kayak

Day 6

Paddle from Aride back to the island of Curieuse and around its pristine coastlines, ultimately landing on one of the island's beautiful beaches for a well-deserved barbecue lunch. Leisurely minded kayakers may instead sail to Curieuse and disembark for a scenic kayaking tour around the island. Later in the day, visit the island itself to explore this former leper colony turned naturalists' paradise, with its vast mangrove forests and a giant tortoise conservation farm, before re-embarking for overnight anchorage in Curieuse Bay.



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Day 7

After breakfast, enjoy a leisurely sail back towards Mahé. Guests have the option, if calm seas allow, to disembark during the crossing for one last test – by paddling out from sea towards Ste Anne and its lush green satellite islands, which together make up the Ste Anne Marine National Park, a perfect site for a final kayak expedition around the idyllic granite isles of Seychelles, followed by a farewell barbecue dinner in the evening.



Kayaking towards Ste Anne



Day 8

Disembarkation at the Inter-Island Quay, Mahé at 08.30hrs.

Useful Information and Travel Tips

- Your safety and comfort are our highest priority. In the event of adverse conditions, all itineraries are subject to change at the captain's discretion.
- Be sure to bring plenty of sun-screen, a cap or hat and sunglasses - Seychelles is generally warm and sunny throughout the year and the sun's rays can be especially impactful onboard the vessel, due to the reflection from the sea.
- Bring suitable footwear for walking on deck and on the beach, as well as in shallow water (some island visits require embarking/disembarking from dinghies in shallow water).
- There are numerous opportunities to dive on most days of the itinerary, and we can also conduct introductory dives for novices. Contact us for dive rates and equipment rental fees.
- Water skiing and tube rides are available at very reasonable rates. Snorkelling equipment and kayaks are included in the cost of the cruise.
- All of our cruises are full board - we serve a combination of International and authentic Creole cuisine. Please contact us for special dietary needs.
- Bottled water, soft drinks, beer, wine and spirits are all available on board. Price list available on request.